



# FEBRUARY 2012 JCC MENU

2/01 ICE CREAM DAY  
 2/02 BINGO SR SOCIAL CLUB  
 2/09 TU-BE-SHEVAT With RABBI AARON  
 2/27 LENNY KRAYZELBURG VISITS

**SU MON 12:00 TUE 12.00 WED 12:00 THU 5.30 FRI 12:00 S S**

|  |   |  |   |   |   |  |
|--|---|--|---|---|---|--|
|  | <b>HEART HEALTHY MONTH</b>  |  <p>Healthy Heart<br/>Healthy You</p> | <b>1</b> CHICKEN SOUP<br>TUNA PLATTER<br>MACARONI SALAD<br>SLICED BEETS<br><b>ICE CREAM</b>             | <b>2</b><br>CHICKEN CHOW MEIN<br>BROWN RICE<br>VEGETABLE MEDLEY<br>MANDARINE ORANGES    | <b>3</b><br>ROASTED CHICKEN<br>POTATOES<br>BROCCOLI SPEARS<br>FRESH APPLE             |  |
|  | <b>6</b><br>BREADED FISH<br>NOODLES & ONIONS<br>GREEN PEAS<br>PUDDING                                 | <b>7</b> VEGETABLE SOUP<br>CHICKEN CACCATORE<br>BROWN RICE<br>CARROT COINS<br>FRUIT COCKTAIL                           | <b>8</b><br>BEEF SWISS STEAK<br>SWEET POTATOES<br>VEGETABLES<br>BANANA                                  | <b>9</b> TU-BE-SHEVAT<br>TUNA PLATTER<br>SLICED BEETS<br>MACARONI SALAD<br>FRESH ORANGE | <b>10</b><br>TURKEY HOAGIE<br>TOMATO & LETTUCE<br>POTATO SALAD<br>FRESH PEAR          |  |
|  | <b>13</b><br>CHEESE BLINTZES<br>3 BEAN SALAD<br>GARDEN SALAD<br>FRUIT COCKTAIL                        | <b>14</b> MINISTRONE SOUP<br>TUNA SANDWICH<br>SLICED BEETS<br>COLE SLAW<br>FRESH ORANGE                                | <b>15</b><br>BAKED ZITI<br>ITALIAN STRING BEANS<br>GARDEN SALAD<br>APPLE SAUCE                          | <b>16</b> ORANGE JUICE<br>SWEDISH MEATBALLS<br>NOODLES<br>CARROT SLICES<br>FRESH APPLE  | <b>17</b><br>ROASTED CHICKEN<br>BAKED POTATOE<br>GREEN PEAS<br>PEAR HALVES            |  |
|  | <b>20</b><br>TURKEY SANDWICH<br>POTATO SALAD<br>COLE SLAW<br>FRESH ORANGE                             | <b>21</b><br>BEEF STEW<br>BROWN ROCE<br>GREEN PEAS<br>SLICED PEACHES   | <b>22</b> TOMATO SOUP<br>STUFFED MANICOTTI<br>CALIFORNIA MEDLEY<br>GARDEN SALAD<br><b>BIRTHDAY CAKE</b> | <b>23</b><br>STUFFED PEPPERS<br>LIMA BEANS<br>CARROT COINS<br>FRUIT COCKTAIL            | <b>24</b><br>B B Q CHICKEN<br>BAKED BEANS<br>JAPANESE VEGETABLES<br>MANDARINE ORANGES |  |
|  | <b>27</b> <i>L. KRAYZELBURG</i><br>BREADED FISH<br>BAKED SWEET POTATO<br>BROCCOLI FLORETTES<br>GRAPES | <b>28</b> LENTIL SOUP<br>MEAT LOAF<br>MASHED POTATOES<br>GARDEN SALAD<br>FREASH PEAR                                   | <b>29</b><br>CHEESE PIZZA<br>GARDEN SALAD<br>STRING BEANS<br>CHOCOLATE PUDDING                          |    |   |  |